Hello, everyone, and welcome to the Daily Water Update for January the 5th. I'm Capt. Darren Guenther, Chief of Staff Navy Region Hawaii. After several days of rain, we're happy to see a clear forecast ahead. Our flushing teams are working to get back on track to bring clean water back to your homes. Our maps have been updated and we'll continue to provide you scheduling updates as soon as we get them. We're set to begin a period of home flushings over the next several weeks and a reminder that if you're unable to be in your home for your scheduled home flushing, we would request that you call our emergency operating center to give our teams permission to enter your homes. Their number is (808) 474-1817. We've been seeing a lot of questions out there on health care concerns, and so today I'll have Commander Rob Uniszkwiecz on to see if we can address some of those questions and your concerns. But before I bring on Commander U, I'd like to take you to our map update to show you some of the progress we've made there. This chart is updated and placed on our water updates website and I'd ask you to go and pull it down from there to take a look at the updates in the last 24 hours on the table, on the right, that reflects some of the changes that we're projecting out with the system flush due to the rains that we have as heavy rains in the last five or six days. So we'll go neighborhood by neighborhood here. Pearl City Peninsula, we have those home samples that we took out your home flushes, those are at the lab still, and we're awaiting the laboratory analysis of the samples taken from your homes, as well as from the facilities on that peninsula area. Some neighborhoods that are still waiting and sort of sampling in lab results, there's a few of them out there. Moanalua, our NEX area. We're continuing some of those sampling where we take samples after we're done with a flush. In this case, the system samples it takes. It's almost a two day process. We have to take a lot of different samples across those two days, so we're finishing up those samples there. Some samples have already been sent to the lab. The rest of them are getting sent off. Let's see Hale Na Koa, Onizuka Village, and Officer Field Area. Same thing, we have samples that are at the lab and we're awaiting those sample results, Ford Island as well. Hale Moku, and Hokulani. We have some sample results back. We're waiting for a few more. I'm going to touch on what's ahead for Hokulani and Hale Moku here in just a minute. So some flushing updates as well. So Catlin Park, Halsey Terrace, Radford Terrace, and Doris Miller.
But we are 100% complete on Sub Base and we're working through sampling. Currently getting those samples sent to the lab. All right, we have a number of starts today and tomorrow. Let me go over some of those starts. So today, we have a system flush beginning at our Hickam Beach area. We also have a system flush beginning in our Makalapa Housing area. Additionally, tomorrow we have a number of starts, Kapilina Beach Homes you're going to see out there some of the big carbon filters moving into your neighborhood today and into tomorrow, and we're anticipating a system flush commencing sometime tomorrow should take about two days to get through the neighborhood. That's our plan out there for Kapilina Beach Homes. Sometimes we call it Iroquois Point Housing. Let's see where else. Shipyard Area is going to start a system flush, starting tomorrow. McGrew Point housing system flush starting tomorrow and Halawa housing system flush starting tomorrow. OK, let me address Hokulani and Hale Moku. So we're coming up on our home flushing, but we're still waiting on our results. From the sampling, systems sampling coming back, we've gotten some of those results and we anticipate the last of those results coming in sometime in the next 24 hours. Small chance we could get them by the close of business today, more likely that we're going to get them sometime tomorrow morning, if not maybe midday, so the teams are assessing exactly what that means for your home schedule. When we receive all of the results, our interagency water systems team that's made up of Department of Health, the Environmental Protection Agency, as well as Navy water experts has to get around the table and look at all the results and validate and certify them before we move into the next phase. So what that means for home flushing is we are anticipating a home flush upcoming. There's a small chance it could start tomorrow late. There's also a chance it gets moved into a day after that. So we're going to have more information for you by close of business today. Please look in your emails and we'll be passing that information on what to expect for Hale Moku and Hokulani neighborhoods for your upcoming home flush. OK. All right, now, I'd like to bring in Commander Rob Uniszkwiecz. He is one of our doctors from a naval hospital, Bremerton, And we have a number of questions that we've gotten and thank you for joining us.
2020, and our question is this: Do we need to worry about our health, and do we need to check in for medical care at our new duty station?

CMDR UNISZKIEWICZ

Well, this is an important question. And so as a physician, I would say that every individual's health should always be a top priority in your life. Now, the events of this particular incident doesn't change any emphasis on that recommendation. We should always be putting our health first and foremost, and it's a good idea any time we go to a new duty station to establish that relationship with our new assigned provider. Whoever he or she may be in order for them to better understand your personal medical history and your personal medical concerns and medical history and medical concerns, a very private, personal thing. And there are a lot of other factors that could go into that. And so establishing that relationship early is important, but no more important because of this incident.

CAPT. GUENTHER

OK. We heard from another resident here who is experiencing medical symptoms upon returning to their residence. What is your advice for them?

CMDR UNISZKIEWICZ

So this is very important as well as, we start to reintroduce people back to their homes, if they've been away or as water starts to get turned back on in the homes for consumption. It's important that any health concerns be brought to the attention of your personal care provider. They need to know because there are a lot of things that can lead to these nonspecific symptoms that we see. COVID is rampant right now, and there's other things that can be going on, and we want to make sure that as a whole, you're being looked at as an appropriate way. But any concerns about your health regarding the water or just in general, your symptoms should be brought up with your personal doctor, for sure.

CAPT. GUENTHER

OK, here's another question someone else asked us about air quality checks. I assume in the homes, any plans to do?

CMDR UNISZKIEWICZ

So, The EPA and the Hawai'i Department of Health have decided that that is not required for this particular event, for many factors, but what I will say is that part of the home flushing plan is to open all the windows to maximize ventilation when it's when the flushing is going on, as well as
to make note of any odors that the teams that when they're doing the flushing, they perceive. It is also important to know that when you go back into your home or when you if at any point in time you have concerns over about odor or the overall quality of the water that should be brought to the attention of the Emergency Operations Center immediately, so that they can address that concern in a prompt fashion.

00:09:48:10 - 00:10:09:16
CAPT. GUENTHER
OK, you might have read the news yesterday. The Center for Disease Control and Prevention, CDC and the Agency for Toxic Substances and Disease Registry. They're conducting a survey to investigate the potential health impacts on our civilian community. Who should sign up for this and how do they do that?

00:10:09:21 - 00:11:56:17
CMDR UNISZKIEWICZ
Yes, sir. So this is a very good this is a very good endeavor where we're having an outside agency come in and be able to really look at all of those impacted from this event. This will be conducted over the next two weeks. It's a survey. It's primarily focused on those individuals who are not a part of the Department of Defense but have been impacted by this event. The survey is going to determine what any trends that they might see and what long term monitoring, if any, or registries might need to be developed from that. This is going to have a phone number that will post, as well as potentially an email and an online tool where people will be able to to sign up for this. Of note, I'd take this opportunity to give a plug for the defense occupational environmental health surveillance and health readiness system that we have. It's called DOORS, everybody active duty and dependents, and all those within the Department of Defense who are assigned here locally are being registered into that long term surveillance program for exposures, and what this does is it's a way to capture almost like a registry of all the people who were here during this just period of time. It gives long term data so that people can be monitored, and it can also be something that also. Is an adjunct to your medical record, whatever you have in your medical record. If somebody were to just travel here kind of transiently and not be assigned here, you can call and get enrolled into the DOORS system separately as well. We've been having calls. People come in and call for that and we can post that number as well. So everyone should be getting captured one way or another.

00:11:57:04 - 00:12:15:00
CAPT. GUENTHER
OK, great. Great advice. So one system for our civilian community, one for our sort of the DOD community, but both with sort of the same goal in mind and it's to capture, you know, who's been affected and for health purposes and tracking forward.
CMDR UNISZKIEWICZ
Yes, sir. Absolutely.

CAPT. GUENTHER
OK, thank you. I appreciate you coming. Thanks for your advice.

CMDR UNISZKIEWICZ
All right.

CAPT. GUENTHER
So that was your daily water update for today. Please come back tomorrow same time. We're monitoring your questions on Facebook, and you can also email those questions to us at cnrhpao@gmail.com. Don't forget to check out our water info website. That's Navy.mil/jointbasewater. And don't forget to check out the good stuff at greatlife.com/wegotyou. Remember, we're all in this together as one ohana and community. Stay safe. Take care of yourself. Take care of each other and we'll see you next time.